

W I S C O N S I N T O B A C C O

QuitLine

800-QUIT-NOW

800 - 784 - 8669



"Without the Quit Line, I could not have quit. They're for real. They call you, give tips. They care. That was comforting to me. My grandkids wanted me to take them to the park. I couldn't before. Now I can."

– Shirley Reimer, Quit Line caller

Want to quit smoking?

Call the Wisconsin Tobacco Quit Line.

It's FREE, confidential, and no one will judge you.

Hours: 7 a.m. to 11 p.m. every day.