

W I S C O N S I N T O B A C C O

# QuitLine

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## 800-QUIT-NOW



*"Quitting is hard.  
The more help you get,  
the better. The Quit Line  
helped ease my transition  
from being a smoker  
to a non-smoker."*

*--Sharon Kelly,  
Quit Line caller*

Want to quit smoking?

Call the Wisconsin Tobacco Quit Line.

It's totally FREE, confidential, and no one will judge you.

Hours: 7 a.m. to 11 p.m. every day.